WHO WE ARE: Serving and supporting youth and families for over five decades, Tri-Town Council (TTC) continues our commitment to support and empower youth to make healthy and safe decisions and to provide parents/guardians, educators and community members the tools and strategies needed to support youth in effective, positive and impactful ways. We are a 501c3 not-for profit organization proudly serving the communities of Boxford, Middleton and Topsfield, Massachusetts.

Each year we offer a variety of mission-driven programs and services including youth leadership, parent education, professional development, prevention services, after-school enrichment and various types of family and community support. Established in 1968 and originally named the Tri-Town Council on Drugs, TTC was organized by concerned citizens to address underage youth drug and alcohol use. This grassroots effort has evolved over the years to become a vibrant community mainstay centered on positive youth development.

Our work is guided by the Developmental Assets Framework and Positive Community Norms (PCN) using The Science of the Positive (SOTP). Developmental Assets are 40 research-based, positive experiences and qualities that influence young people’s healthy development, helping them become caring, responsible, and successful adults. Grounded in the tenets of positive youth development and rooted in prevention research, the Developmental Assets Framework is widely used in the United States and, increasingly, around the world in support of the health and well-being of youth.

The Positive Community Norms approach to improving community health is founded on the Science of the Positive. Science of the Positive focuses on growing the healthy, positive, protective factors that already exist in our community. It is based on the core assumption that the positive is real and is worth growing – in ourselves, our families, our workplaces, and our communities (Linkenbach, 2007). Dr. Jeff Linkenbach, whose research and frameworks guide TTC in this work, presented to TTC and many community partners in November 2018.
HOW WE DO OUR WORK: We achieve our annual programming goals as a result of strategic collaborations with a host of community partners including Masconomet Regional School District, Tri-Town Elementary School Union, health departments, police departments, faith-based organizations, local legislators and mental health professionals among others to provide social/emotional wellness, service-learning, leadership, enrichment and recreational programs for youth; parent/guardian education, workshops and family support; and professional development opportunities for our educators. **It is as a result of these partnerships that TTC, whose small staff of employees (2.75 FTEs), is able to accomplish our ambitious goals each year reaching thousands across the tri-town community.**

TTC is powered by financial support from the Towns of Boxford, Middleton and Topsfield along with hundreds of individual donors; community and family foundations; and corporate and institutional grants, which together make our work possible.

OUR IMPACT: In the 2018-2019 program year, TTC’s efforts reached thousands of youth, parents and educators with **more than 100** educational, enriching and empowering programs and workshops including alcohol, vaping/tobacco & drug prevention education for youth and adults; implementation of the biennial Youth Risk Behavior Survey at Masco MS and HS collecting substance use, behavior and perception data; programs which focus on adolescent behavior and raising resilient teens; a community conversation on mental health; the unique challenges of raising boys; youth leadership workshops; peer mentoring; after-school enrichment; and substance-free events among others.

CORE PROGRAMS

**The Coalition** - established in 2010, **The Coalition** continues to expand its activities and reach. This TTC program is a community-wide partnership which includes our schools, law enforcement, public health, mental health professionals, faith-based, civic organizations, youth and parents. The Coalition is TTC’s directed focus on reducing and preventing substance use among tri-town youth. **The Coalition** provides local coordination, collaboration, education and advocacy towards the ultimate goal of reducing youth substance use ensuring and sustaining a healthy tri-town community for all. Activities include data collection/dissemination, substance-free activities, information/education campaigns, youth engagement and advocacy. The receipt of multi-year grant funding from the Peter and Elizabeth Tower Foundation has allowed TTC to further expand and deepen the work of The Coalition including hiring a dedicated Coalition Coordinator in FY19.
Horizons After-School & Summer Enrichment - Horizons is available to K-6 elementary school children in Topsfield and Boxford during the academic school year and to all Tri-Town K-6 residents during the summer. Classes, taught by experienced adults, may include art, science, chess, yoga, cooking, physical activity, Lego Engineering, sewing, drama and nature workshops. We continued to offer several classes initiated and taught by Masconomet High School youth with adult supervision including ultimate Frisbee, dance and art which provided leadership and mentoring opportunities for our high school youth. These teens also serve as wonderful role models for elementary youth. Horizons is offered in 2, 4, 6 and 8 week sessions during the fall, winter and spring; weekly during the summer; and includes a 6-week ski program for Boxford youth grades 3-6 at Bradford Ski. Community service opportunities are available for high school youth to assist in Horizons classes to make programs accessible for students who may need additional support. In FY19, 14 high school youth participated in the Teacher’s Assistant program. Programs are held at the elementary schools immediately after dismissal during the school year and new this year several classes before school. Summer programs are held at various locations in the Tri-Town. During FY18 more than 500 Tri-Town elementary youth participated in after-school Horizons and 10 high school youth and 12 middle school youth served as volunteer counselors during summer Camp Invention.

Youth Action Advisory Board (YAAB) – this dynamic and dedicated group of Masconomet high school students serves under the umbrella of The Coalition and works with community leaders and peers to address issues that matter most to teens. YAAB is about speaking up, speaking out and making a difference in the community. YAAB is coordinated by TTC’s Youth Program Director. FY19 activities included 2 community showings of “If They Had Known”, participating in training offered by The 84 Youth Tobacco Prevention in advance of a visit to the MA Statehouse as part of The 84 advocacy group, presentations to local boards of health and selectmen and peer education focused on vaping.

All-Night Graduation Party - Tri-Town Council sponsors and coordinates this annual event with the input and support from parents of Masco Seniors. This event, run since our inception in 1968, takes place the night of graduation with approximately 80% of seniors participating and is chaperoned by parents of underclassmen and TTC staff.
The graduates enjoy a full night (9PM-7AM) of fun activities and food with buses transporting them to each location (kept secret from the seniors) keeping them safe on a high risk night. More than 200 graduated seniors and 35 chaperones participated in the 2019 event.

**Tri-Town Council Scholarship Program** - Scholarships are awarded to three graduating Masconomet Seniors, one from each of the tri-towns, recognized for their community service and being exemplary role models to peers during their high school years. The 2019 recipients were Sydney Brooke, Michael Duest and Joseph Perkins. FY19 marks the 9th year these scholarships have been awarded. In FY19 TTC awarded $500 to each recipient.

**Project Safety Net 24/7 Helpline – Counseling** provided 24/7 via telephone and text access to a licensed mental health counselor. Project Safety Net is used by both parents/guardians seeking advice or guidance regarding issues with their children, and youth in need of someone to talk to as well as concerned community members for information, referral/crisis counseling.

**Tri-Town Community Resources for Families in Need** - TTC and the Masconomet School Health Council (SHAC) provide a comprehensive list of local resources, regional and state resources to include mental health, substance abuse, food/fuel assistance, safety and more. This resource list (Community Resource Guide) updated in August of 2019 is accessible on-line and in print. TTC also works with schools and local agencies to facilitate support for tri-town families in particular need during the November/December holiday season. This support includes non-perishable food items plus a gift card to a local grocery store provided by Christian Angel Smile Foundation at Thanksgiving and Christmas.

**Youth Risk Behavior Survey (YRBS)** – The YRBS is a data collection tool which focuses on the major risk behaviors that threaten the health and safety of young people as well as the peer, adult, and community supports they have in place. This tool is used across the state and nationally to assess youth behaviors and perceptions. Administered biennially to Masconomet middle and high school youth since 2010, the anonymous survey includes questions about alcohol, tobacco, vaping, marijuana and other drug use; bullying; depression; stress; sexual behaviors; dietary behaviors, physical activity; screen time; protective factors; and behaviors associated with intentional or unintentional injuries. Data from the survey provides accurate estimates of the prevalence of risk behaviors and perceptions of use among Masconomet middle and high school youth. This information is used to inform health education and risk
prevention programs within the schools and community. The YRBS was administered in November 2018 to almost 2000 middle and high school youth. The Executive Summary was released in the spring of 2019. Survey findings were first presented to TTC’s YAAB Board then to a self-selected group of Masconomet High School Youth in a one-day data retreat held on a Saturday in March 2019. The data was presented to the Masconomet School Committee in May 2019 with YAAB member support. Presentations to stakeholders will continue in FY20 including a Community Conversation scheduled for January 2020. The survey data is used to inform TTC programming, in particular our Positive Community Norms initiative, and is shared and used by Masconomet, public health, and others. Executive summaries of all YRBS administered are available on the Masconomet and Tri-Town Council websites.

**Adult Perception Survey (APS) –** conducted biennially since 2011 and implemented by TTC with the support of our Coalition partners, this survey asks tri-town adults (parents, teachers, administrators, law enforcement, clergy, business owners as well as any other adult vested in the local community) for feedback on issues youth face, or will face, in making safe, healthy choices as they grow and mature. Participation is open to all tri-town adults who parent, educate and care for and about tri-town youth. 268 adults participated in the 2019 survey, offering us an insight into areas of concern as well as perceived alcohol and drug abuse among tri-town youth. This information will be presented to the community in conjunction with the YRBS survey data in January 2020. Executive summaries of past Adult Perception Surveys are available on our website. The 2019 Adult Perception Survey data is in the process of being analyzed and will be available on our website.

**ENRICHMENT PROGRAMS & WORKSHOPS**

**Youth Workshops/Activities**

**Massachusetts Conference for Women (Young Women's Program) Tri-Town Council, for the 8th year, secured sponsorship for 8 Masco Junior and Senior girls and 3 adult chaperones to attend this annual event in December which focuses on leadership, self-esteem and empowerment. For the past two years, TTC’s participation has been sponsored by State Street Bank.**

**Open Gym Nights for Middle & High School Youth** – run by Tri-Town Council for Middle and High School youth on select Saturday evenings during the winter months from November-March in the Masconomet Field House.
Open Gym is a free, supervised drop-in program for Masco teens. Activities include basketball, floor hockey, Frisbee, board games and some craft activities.

**Open Mic Nights for High School Youth** - new this year, Open Mic held on several Friday nights throughout the school year are designed for high school youth only; giving them an opportunity to perform in an uncensored, judgement free, supportive environment. Teen performances included poetry, music, storytelling, and comedy. Tri-Town Council partnered with Creative Co-Op in Topsfield to host these teen events.

**6th Grade Fun Night in its 6th year** - This two hour event provides another opportunity for tri-town 6th graders to meet in a casual environment for an evening of games and activities. Middle and high school youth help plan and facilitate activities during the evening. TTC provides 1-way bus transportation from the upper elementary schools to Masconomet to encourage participation. More than 250 6th graders and more than 30 middle and high school volunteers attended in May 2019. Katelin Kim, a graduating senior and TTC intern, created a [video of 2019 6th Grade Fun Night](#).

**Girls 4 Girls Mentoring Program** – completing its fourth year, the mentoring program is run at Howe-Manning School, Spofford Pond School and Proctor School. This impactful program matches girls in grades 5-6 with Masconomet High School girls grades 10-12 who meet regularly October-June to develop relationships, serve as a mentor, role model and help with the transition to middle school. TTC works collaboratively with Howe-Manning, Proctor and Spofford School staff in program design and delivery. In 2019 there were 33 Mentor/Mentee matches (total 66 participants) among the three communities.

**Boys Mentoring Program** – Building on the success of the Girls 4 Girls Mentoring program, TTC initiated a boys mentoring program matching high school youth with boys in grades 5 & 6. The boys meet during TTC’s Saturday Open Gym nights. The Mentors and Mentees actively engage with one another in myriad activities that include sports, games, partner activities
and science and building challenges. During this past year we had 10 elementary boys and 9 high school mentors participate.

**Intergenerational Programming** – TTC works closely with the Topsfield Council On Aging (COA), school and community partners to support Intergenerational activities in Topsfield, linking older adults with tri-town youth. This program benefits young people by providing opportunities to engage with older adults in positive and structured ways; learn from their experience and wisdom; and affords our seniors an opportunity to stay socially engaged, come to know young people as assets as well as share their experience and wisdom. TTC teamed up with the Topsfield COA, the Proctor Planet Protectors and other students, as well as GREEN Topsfield for the design, installation and planting of the Proctor Intergenerational Garden. Through the grant-writing efforts of the Proctor Wellness Committee, accessible garden beds were purchased, assembled and planted by TTC and the committee. During the Proctor “Day of Service” youth toured the **Rest Stop Ranch** in Topsfield, an intergenerational garden artfully designed as a sanctuary for all touched by long-term illness. Following the tour, we planted vegetables, herbs and flowers in the raised beds, utilizing composted materials. Families signed up to water the Intergenerational garden throughout the summer and in the Fall, youth participated in “harvesting” the vegetables, creating salsas, pestos and other recipes featuring abundant vegetable. Plans are to expand TTC’s IG programming initiatives to Boxford and Middleton in the coming year(s).

**High School Retreat** - Sponsored by TTC and YAAB, this year’s high school retreat was focused on the 2018 Youth Risk Behavior Survey. Held on a Saturday in March, more than 20 high school youth spent 6 hours with TTC staff digging into the YRBS results. During the day participants spent time reviewing key sections of the survey exploring and considering what the data says about tri-town youth health and well being. Participants were asked to share their experiences as a teen in the tri-town community as well as to identify key youth strengths and concerns as noted in the survey results based on their perspective. Their feedback was incorporated into subsequent presentations and will be instrumental in the Community Conversation to be held in January (FY20).
6th Grade Student Transition – Facilitated by Masconomet Middle School Guidance staff, select Masco Middle School students are transported for visits to 6th grade students at the three upper elementary schools answering questions and concerns regarding their upcoming transition to Masconomet. TTC funds transportation costs for this annual visit which is an important part of the 6th graders overall preparation for Middle School.

Youth Artisan Fair @ Strawberry Festival - held in conjunction with the Topsfield Strawberry Festival in June. This program affords tri-town youth aged 9-18 the opportunity to sell their handmade, quality items as well as polish their business and public speaking skills at a fun, community event. 13 youth artisans participated this year.

In addition to our diverse program offerings for youth, Tri-Town Council offers internship opportunities through Masconomet’s Senior Internship program, in FY19 two Seniors participated. Additionally, TTC staff work with local Girl Scouts to serve in Mentor roles for Gold Award candidates as appropriate.

Parent/Community Presentations & Workshops

Surviving Adolescents: Outwit, Outplay, Outlast! - Presented by Mark Altman for parents/caregivers of middle school aged youth. This 2 hour hands-on workshop focused on helping attendees learn how to establish mutual respect with their teens; how to open communication channels; and how to establish healthy relationships with their adolescents.

Science of the Positive - Why it Matters...How Shifting Perceptions Leads to Shifting Realities - Tri-Town Council was honored to offer this inspiring program to the community in November 2019. Presented by Dr. Jeff Linkenbach from The Montana Institute, this keynote presentation offered our community partners an opportunity to learn and explore how focusing on & growing the positive can lead to community transformation; how to identify, measure and grow the positive that already exists in our communities; how to apply the Science of the
Positive Framework to shift perceptions, behaviors and improve health outcomes. The morning presentation was followed by an afternoon of professional development for TTC staff enabling us to further our work with the SOTP Framework. The funding for the keynote and subsequent professional development was provided by the Peter and Elizabeth C. Tower Foundation.

**In Plain Sight** - an adults-only (over 21) exhibit offering an opportunity for participants to explore all of the ways drugs, alcohol and other risky behaviors (self-harm, eating disorders) can be hidden in plain sight via a mock teen bedroom. The interactive exhibits offered opportunities to identify red flags, talk to local experts and gather resources. This 3 day event was held at the Topsfield Fairgrounds, Coolidge Hall, in partnership with many Coalition partners including the Topsfield, Boxford and Middleton Police, Fire and Health Departments.

“**If They Had Known**” - Sponsored by our Youth Action Advisory Board, this powerful documentary focuses on the risks of recreationally mixing prescription drugs with alcohol. It is an honest and emotional account of what happened the night of Clay Soper’s death, a 19 year old college student from Winchester, MA spoken by the friends who were with him. **YAAB** hosted two viewings, one at Masconomet and the other at the Topsfield Library. At both venues members of The Coalition were on hand to answer questions, provide guidance and advice to those in attendance. Screening generously funded by The Foundation for Alcohol Education.

**Boy-Sense: Decoding the Developmental Needs & Nurturing the Resilience of Boys at Home & School** - presented by Boxford resident and consultant Stephanie Meegan, this popular program is intended for parents/caregivers and educators of boys in grades preK-6th. Attendees received practical insights and simple, yet powerful recommendations that they could easily implement at home and in the classroom supporting the unique needs of all young boys.

**Vaping Presentation** - On March 4th, Diane Knight, Director of the Northeast Tobacco Free Community Partnership and toxicologist Cindy Grondin, PhD presented “**The New Look of Nicotine Addiction**” to the community. Community members were invited to attend to learn about and access resources on what vaping products are, why they are harmful, and how to protect youth from this latest trend.
A Conversation About Mental Health - Jointly sponsored by Tri-Town Council, Senator Joan Lovely and the Congregational Church of Topsfield, this program featured Judge John T. Broderick and provided an opportunity to discuss how to reduce stigma, increase awareness and build support & empathy in our community and beyond. This event, open to adults and high school aged youth, included guided conversation and opportunity for Q&A with an expert panel representing NFI Massachusetts, Inc., National Alliance on Mental Illness (NAMI), Health Services Director at Masconomet, Baystate Recovery, Beth Israel Lahey Health, The Nan Project and McLean Hospital.

Professional Development for Educators, Administrators & Community Partners

❖ Youth Mental Health First Aid - in this 8 hour workshop held over 2 days, participants learned risk factors/warning signs of common adolescent mental health challenges; the importance of early intervention; how to support youth developing signs/symptoms of mental health illness or emotional crisis by applying a 5 step core action plan. This impactful and free program was offered two times in FY19 (Fall and Spring) and will be offered two times in FY20 and FY21 as a result of the generous funding provided by the Peter and Elizabeth C. Tower Foundation.

❖ Sponsored local participation which included school and law enforcement representatives as well as TTC staff and Board of Directors at the Essex County District Attorney Annual Safety Conference in May. The 2019 topic was Healthy School Environments: Responding to Sexting & Vaping.

COMMUNITY OUTREACH

TTC is a trusted resource for children and families in the Tri-Town area. TTC works to expand its community engagement by participating whenever possible in community events and regularly attends meetings of town and school boards to share our work. Outreach included:

- Masconomet MS and HS Open Houses
- Presentations to Boards of Selectmen
- Presentations to Boards of Health and Planning Boards
- Presentations to School Committees (K-12) and Parent Advisory Groups
AFFILIATED ORGANIZATIONS

Tri-Town Council has affiliated organizations which benefit from our non-profit status, administrative support and fiscal sponsorship affording them the opportunity to serve the Tri-Town community including:

**Tri-Town Rock Band** - Tri-Town Rock Band is an inclusive performing pop-rock ensemble and is comprised of Tri Town students with disabilities in grades 6–12 who are interested in learning and playing pop & rock music appropriate for advancing musical skills. Participants work with youth mentors who possess strong musical and mentoring skills. Since its inception in 2016, the band has learned 14 songs and publicly performs at least four times a year. This program is under the direction of Andrea Monty, Director of Spofford Pond Band. Check out this terrific performance at a Best Buddies event at Masco here: [https://www.youtube.com/watch?v=fhmVktK5B2g](https://www.youtube.com/watch?v=fhmVktK5B2g)

**Disability Awareness Starts Here (DASH)** Since 1994, D.A.S.H. has provided an innovative, hands-on sensitivity awareness experience for elementary school students in Boxford, Topsfield and Middleton. This parent-led program relying on more than 250 volunteers annually is embraced by the elementary school district, emphasizes abilities rather than disabilities; encourages empathy and understanding; fosters an atmosphere of mutual respect and friendship; and strives to eliminate fear and misunderstanding. Each year all youth in second through fifth grade participate in this program; first grade youth participate in an abbreviated program. D.A.S.H. presents four unique curriculums which utilize hands-on activities designed to simulate what it is like to live with a disability. Children are encouraged to explore their feelings, think creatively, and discuss alternatives and solutions to the challenges created by a disability. Each program concludes with a guest speaker where the children are invited to ask questions and share their new perspectives. **The grade level curriculums are Visual Impairments - Grade 2; Hearing Impairments - Grade 3; Invisible Disabilities - Grade 4; Physical Disabilities- Grade 5.**
Sponsor-A-Child – a Boxford-based program run at Cole and Spofford Pond Elementary Schools since 1980, provides a tangible and meaningful way for elementary school children to be part of a community service activity along with their classmates and family. This program raises awareness about children, close to home, who are underprivileged and in need, and how others, both individuals and a community can help. Sponsor-a Child working with Santa’s Helper of Salisbury, facilitates the donation of hundreds of wish list gifts (clothing and essentials) with the help of dozens of classroom volunteers to more than 40 needy children during the 2018 holiday season.

TRI-TOWN COUNCIL LEADERSHIP

Tri-Town Council Board of Directors provides leadership, governance, fiscal oversight and long-term strategic planning in support of the organizational mission. Led by an Executive Board consisting of a President, Treasurer and Secretary, sub-committees and an Advisory Board, the Tri-Town Council Board is engaged in the vital and on-going process of identifying and achieving the goals and objectives of the organization.

Tri-Town Council employs a full-time Executive Director who is responsible for the development and implementation of programs and services, provides organizational leadership and management; and several part-time professional staff members who assist with program implementation, communications, youth activities and business functions.

TTC’s professional work space is located at 7 Grove Street, Topsfield. In addition to the primary space on the second floor, TTC has a dedicated program space in the basement of this building where we host meetings such as The Coalition, YAAB as well as a variety of programs.

OUR FUNDING

Municipal funding contributions from Boxford, Topsfield and Middleton represent a significant portion of Tri-Town Council’s annual operating budget. The balance of our income comes as a result of private donations, corporate donations, foundation contributions, grants, fee for service programs and fundraising events. This funding is vital to the financial health and organizational stability of Tri-Town Council.

IN SUMMARY
Through our educational, enrichment, mentoring and leadership programs, sponsored programs and organizational affiliations, Tri-Town Council proactively provides support and addresses current and emerging concerns of the Tri-Town community. We collaborate with schools, parents, youth, law enforcement, community organizations, legislators and area resources to insure the highest impact and most cost effective delivery of our programs and services. We maintain high visibility in the community through our website: www.tritowncouncil.org, weekly

E-news to more than 2800 subscribers within our in-house database and through school newsletters and blogs, in local media resources such as the Tri-Town Transcript, the Salem Evening News, PTO directories and other organizational websites including Masconomet and the Tri-Town School Union.

We also connect with parents/caregivers, youth and community members via Facebook (over 750 page follows) and Twitter, providing important programming information as well as resources pertaining to various youth & family issues, social and emotional challenges and guidance in raising children of all ages. Our newly designed website, E-news and social media posts contain timely information for parents/guardians, educators and youth on topics such as resilience, asset building, bullying and cyberbullying, social media and Internet safety, stress/anxiety management and alcohol, marijuana, vaping, prescription drug and other forms of substance abuse as well as updates regarding Tri-Town Council events and activities.

Tri-Town Council actively participates in and collaborates with several Tri-Town committees including the Masconomet School Health Advisory Council (SHAC) whose mission is to promote youth health, wellness and safety; the K-12 Umbrella Group which consists of local volunteer leadership and school superintendents meeting monthly to share projects and ideas; the elementary school Parent-Teacher Organizations; public libraries; and faith-based institutions. TTC maintains connections with professional groups including Community Anti-Drug Coalitions of America (CADCA), MassTapp, Bolster Collaborative, Search Institute and the Massachusetts Non-Profit Network. We work with local organizations and agencies sharing ideas, co-sponsoring programs and events to both broaden our impact as well as sharing the costs whenever possible and appropriate.

The Tri-Town Council is grateful for and depends on the continued support we receive from our funders - it is as a result of Municipal, Corporate, Foundation, Individual and community support and involvement that we are able to pursue our mission educating youth, parents and educators providing pro-active solutions which support, engage and empower Tri-Town youth to
make informed, healthy, safe and compassionate decisions while strengthening their social and emotional well-being.

TRI-TOWN COUNCIL BOARD OF DIRECTORS

FY 19
Stacie Bloxham, President
Susie Read, Treasurer
Johanna Bernard, Secretary
Jane Pappas
Laura O’Connor
Beth Beringer
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TRI-TOWN COUNCIL ADVISORY BOARD FY20
Jane Pappas; Zillie Bhuju; Laura O’Connor; Emily Collins; Marise Stewart; Mary Dodge; Susan Fowler; Chris Rothman; Rodney Pendleton; Robin Wildman; Joan Murphy; Adam Thurlow

TRI-TOWN COUNCIL STAFF FY20
Meredith Shaw, Executive Director; Dawn Seymour, Youth Programs/Special Projects; Nicole Gregoire-Allis, Coalition Coordinator; Gretchen Rehak, Communications/Development Manager; Bonnie Collins, Accounting Manager; Beth Whalley, Horizons Program Coordinator

Respectfully submitted,

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Our Community. Your Impact.

HORIZONS
over 80 classes K-6 serving 600+ children

PARENT/EDUCATOR WORKSHOPS
• Stress & Anxiety
• Youth Issues and the Developing Brain
• Social Media Safety
• Addiction & the Developing Brain
• Internet Safety
• Boy Sense (Emotional Intel for Boys)
• Social/Emotional Skill Development
• Essex County DA Safety Conference & more

YEAR-ROUND HORIZONS PROGRAMS
including Camp Invention, Ski Bradford and LEGO Engineering & Video Game Design

SPONSORED PROGRAMS
• DASH (Disability Awareness Starts Here)
• Rock Band
• Samba Ensemble
• Sponsor-a-Child

TEEN PROGRAMS
• MASCO Youth Leadership Councils
• Youth Action Advisory Board
• MA Conference for Women
• Youth Artisan Fair
• Boys Mentoring Program
• Girls 4 Girls Mentoring Program
• In-school speaker programs on relevant issues

OPEN GYM
• Saturday nights during winter for MASCO Youth
• Special welcome event for incoming 7th graders

THE COALITION
Connect, Communicate, Prevent, a TRI-TOWN COUNCIL Program

Community Partnership
Promoting healthy behaviors and youth norms, and fostering an environment where youth choose to be substance free.

Community Education
• Town-wide Mailings
• News Articles
• Quarterly Newsletters
• Substance Use Education & Advocacy
• Resources & Referrals
• Community Conversations

Convening
35 Members 12 Sectors

RESOURCE FOR FAMILIES IN NEED

DEVELOPMENTAL ASSETS
Building blocks for healthy, resilient, empowered youth

ALL-NIGHT GRADUATION PARTY
A 50-plus year tradition with 90% class participation!

YOUTH RISK BEHAVIOR SURVEY
2,000 youth at MASCO & Community Adult Perception Survey

www.tritowncouncil.org  @TriTownCouncil

PROJECT SAFETY NET
when times are tough 978.771.4619
It’s anonymous